



Come and be involved in the Equal Adventure Festival, 4-5th July 09

The summer of 2009 is a fantastic time to get involved with Equal Adventure. who have a long history of creating resources and raising the bar in outdoor adventure. We are now a registered Charity (SC039133) and our aim is to continue the development of equipment, information and resources, making outdoor adventure, fieldwork and active lifestyles accessible regardless of disability.

For many, gaining meaningful access to sport and adventure opportunities is a greater challenge than the activity itself. Gaining meaningful access requires taking measures that challenge technical, logistical and human barriers, building on simple good practice. Equal Adventure offers the expertise to support disabled people, coaches and facilities.

Equal Adventure is excited to offer a unique opportunity open to all. The weekend of activities is hosted by our friends at Glenmore Lodge in the inspiring Cairngorms National Park. Teams of four will be given land and water-based challenges requiring mental as well as physical skills. It is hoped that many of the teams will include disabled people, but this is not an essential requirement. Teams will be asked to fund raise for 'Motivation' and '500 miles', both charities which support disabled people in developing countries. Full details and event applications forms are available on our website at www.equaladventure.org/eafestival09.htm or call Sara or Suresh on 01479 861200.

The closing date for applications is drawing near. So, speak to your friends, family and colleagues and enter your team now for a truly memorable summer 2009.

We look forward to seeing you at the Equal Adventure Festival 09. Come and get involved!

Kind regards

Suresh Paul
Principle Advocate
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